

School Mental Health and Social Emotional Learning to Support the Safe Reopening of Schools Trainings 2020-21

Cost offset per SB 82 Triage grant.

For further training information as well as additional trainings provided, please visit www.cahelp.org.

Utilizing Restorative Practices in the Virtual Classroom

This overview will provide educators with an introduction to the continuum of Restorative Practices. Participants will increase their knowledge of social emotional practices through classroom rituals and utilize specific questions to prompt discussions for healthy social emotional interaction using a virtual platform.

Date: August 19, 2020

Time: 2:30-4:00 p.m.

Register Online at: <https://sbcss.k12oms.org/52-188847>

It's All About Relationships! Tips in Creating a Nurturing and Responsive Environment for All

Identify quick and easy practical tips that you could use tomorrow to increase effective interactions with children and families utilizing the tiered approach.

Date: August 26, 2020

Time: 10:30-11:45 a.m.

Register Online at: <https://sbcss.k12oms.org/52-188838>

Online Learning Strategies to Use During Distant Learning and in the Classroom for When Children Physically Return to School

Learn strategies to use during distant learning and in the classroom for when children physically return to school.

Date: August 28, 2020

Date: September 11, 2020

Time: 2:00-3:00 p.m.

Register Online at: <https://sbcss.k12oms.org/52-189227>

Effective Classroom Strategies for Students with Mental Health Disorders

This workshop will focus on providing participants with strategies for effectively working with students with mental health and common mental health disorders. The workshop will also provide strategies for application in the classroom, including virtual considerations.

Date: September 10, 2020

Time: 1:00-2:30 p.m.

Register Online at: <https://sbcss.k12oms.org/52-188839>

Interconnecting Systems with School Based Mental Health Supports and PBIS Overview

This overview will describe how school teams can work to develop a multi-tiered system of prevention, intervention, and triage supports; which include: early identification, crisis intervention and resource connections for children and families. The purpose of an integrated system is to create a school culture that promotes wellness of the whole child.

Date: September 16, 2020

Time: 2:00-3:30 p.m.

Register Online at: <https://sbcss.k12oms.org/52-188836>

Raising Awareness to Youth Mental Health

This workshop series is designed to provide participants with a basic understanding of youth mental health and will address the emotional/mental health impact of the current pandemic.

Date: September 18, 2020 &

Date: September 23, 2020

Time: 2:00-3:00 p.m.

Register Online at: <https://sbcss.k12oms.org/52-189228>

Regaining School Muscle Memory: The Fundamentals of Behavior Overview

Are you anticipating the return to school post the COVID-19 pandemic? Do you feel concerned about the possible behaviors that may occur once you and your students return to school? In this presentation, participants will obtain knowledge on how to proactively address behaviors in the classroom. Topics will include a basic review of behavioral concepts, the impact of unexpected school closures on students, replacement behaviors, and environmental arrangement. Different ways to disseminate the information school-wide will be discussed.

Date: September 22, 2020

Time: 1:30-3:30 p.m.

Register Online at: <https://sbcss.k12oms.org/52-188829>

Self-Harming Versus Suicide: Understanding the Differences

This course will outline the major differences between self-harming behaviors and suicide. Participants will learn how to identify warning signs of both and how to effectively respond. Discussion regarding how suicide and self-harm are portrayed in the media will also be covered. Participants will learn what questions to ask someone who is self-harming and/or showing signs of suicidal behavior.

Date: October 21, 2020

Time: 1:00-2:30 p.m.

Register Online at: <https://sbcss.k12oms.org/52-188828>

Bullying Prevention Overview

This course provides simple and clear strategies to prevent and intervene with bullying problems on school campuses, including modern day challenges associated with social media.

Date: October 27, 2020

Time: 2:00 - 3:30 pm

Register Online at: <https://sbcss.k12oms.org/52-183714>

Social Emotional Learning (SEL): Do I Have It Already? Why Do I Need It? How Do I Get More of It?

This presentation will discuss the why, what, and how of social emotional learning (SEL). Participants will walk away with three practices to create the climate for SEL as well as how to integrate with other initiatives into a multi-tier system of support (MTSS). A strong focus will be on how to implement more SEL as district leaders, with staff, and in classrooms. Practical SEL resources will be provided to participants.

Date: October 28, 2020

Time: 12:30-2:30 p.m.

Register Online at: <https://sbcss.k12oms.org/52-183722>

Family Fun Days

The Outreach Team offers Family Fun Days during the school year to promote family engagement and connection. Our team will offer a fun family environment with family games, crafts, and a story. We will have topics that focus on self-care, social emotional learning, feelings, kindness, and family connection. Families will also have the opportunity to connect with other families in our community. Join our Outreach Team for a few hours of family fun

Date: October 30, 2020

Register Online at: <https://sbcss.k12oms.org/52-187861>

Date: November 23, 2020

Register Online at: <https://sbcss.k12oms.org/52-188274>

Date: December 21, 2020

Register Online at: <https://sbcss.k12oms.org/52-188275>

Time: 1:00-3:00 p.m.

Universal Screener Overview

This overview will guide participants with the benefits of universal screening for behavior and will explore example universal screeners. Similar to data from academic screening tools, data from universal screening tools can be used in tiered systems of support to (a) detect students for whom Tier 1 efforts may be insufficient, (b) inform teacher-delivered, low intensity supports, and (c) connect students with evidenced-based Tier 2 (for some) and Tier 3 (for a few) strategies, practices, and programs.

Date: February 16, 2021

Time: 1:00 pm - 2:30 pm

Register Online at: <https://sbcss.k12oms.org/52-183710>

Supporting and Understanding Children from Adverse Backgrounds (i.e. foster care, parental incarceration, and poverty)

This course examines the impact of adverse backgrounds on children's behavior, relationships, learning, and future success in the classroom. The presentation will encourage understanding, nurture empathy, and assist educators in supporting children who are struggling with life circumstances such as foster care, parental incarceration, and poverty. Participants will gain a better understanding of the behaviors students from adverse backgrounds may exhibit in the school setting and increase the repertoire of ways to respond and support these students in order to bolster self-esteem for students from adverse backgrounds.

Date: March 11, 2021

Time: 8:30 am - 3:30 pm

Register Online at: <https://sbcss.k12oms.org/52-188840>

***If there are additional needs please contact preventionandintervention@cahelp.org**